

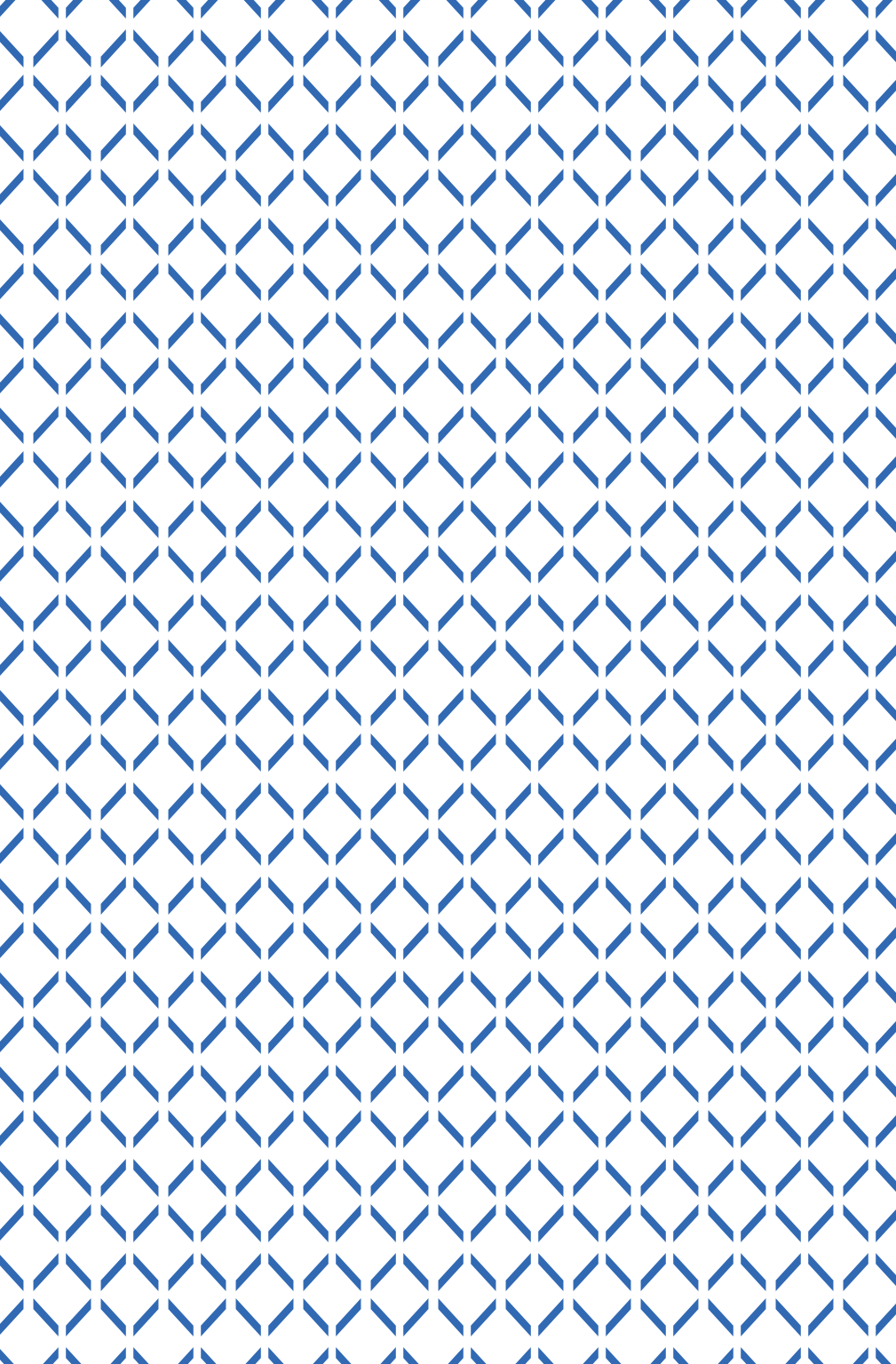


# Jew

an antidote to antisemitism

by

*Seth Breitman*



*Jew*

an antidote to antisemitism

**Jew  
an antidote to antisemitism**

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*For  
you*

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*Dear  
Reader*

January 12, 2019

Dear Reader,

For as long as I can remember I've had an uncomfortable yearning for people to get along and live in harmony together. I've spent my adult life earnestly searching for where & how. Is it possible, did it ever happen?

Growing up I saw a life in front of me where a person grows up, goes to school, goes to work, retires and then dies. That whole process felt like a cruel prison to me. As soon as I could I went looking for a way to find meaning in my life. What am I living for? What happens after I die? Is it possible that life can be filled with love?

More than 20 years in on that search, what I've found is something very practical. It requires no blind faith, it requires no suspension of belief. When I got very deep in the study I saw so clearly that life is not chaos and suffering as it seems, but life is very purposeful and systematic. The tree gives her fruit every year, the moon orbits the earth every 30 days, and the sea has a daily tide.

There are systems operating in each and every one of us. We all have intricate and harmonious lymph, muscle, nervous and digestive systems. And there are many other

Systems operating around us all the time like light, Sound, Gravity and atmospheric pressure.

I found in the books of the sages of Israel (called Kabbalists) all of the laws that govern the systems. The books say that the human is the manager of this whole system. And our world in crisis is a reflection of our terrible management.

This short book is my attempt to describe how these laws are directing us to connect in a positive, loving way and when we avoid our responsibility nature compels us in very uncomfortable ways.

I know this topic is distasteful, so I kept it brief. Read it, it will only take a few minutes and then put this book away somewhere on a shelf in your mind. But when it's time and when we don't have any other option, remember that you read somewhere that we have no other choice but to unite in love.

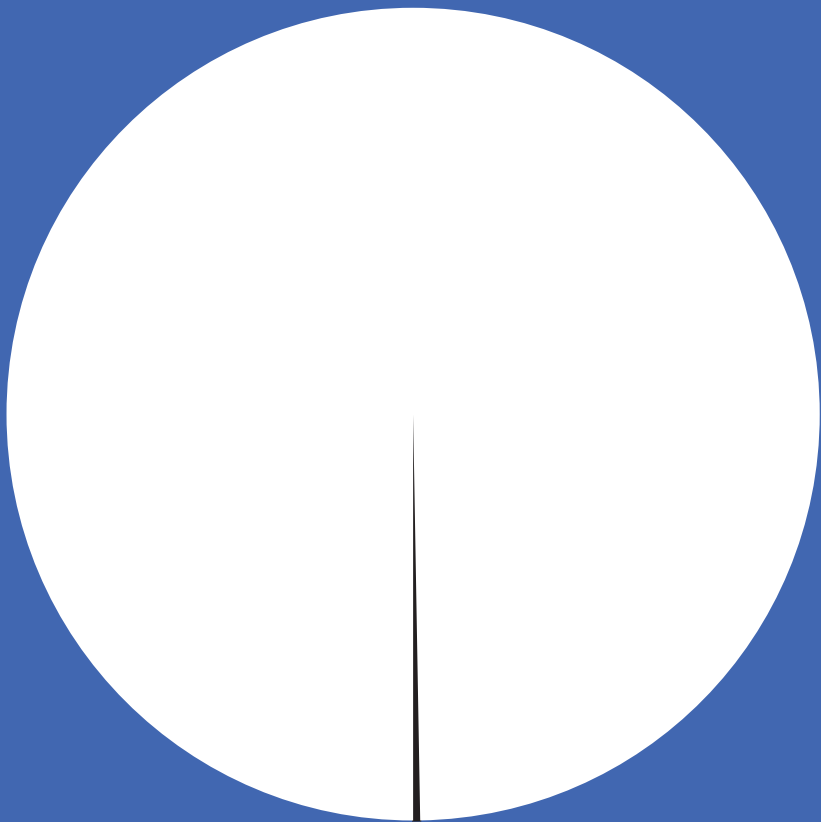


**INTRODUCTION**

**INTRODUCTION**

**INTRODUCTION**

# Introduction



**JEWS ARE  
0.2%  
OF THE WORLD'S  
POPULATION**

Why does the world relate to us so differently than the rest?

***Only 0.2% of the world's population?***

We should barely be heard!

***But, we've won 22% of Nobel Prizes***

(11,250% times above average)

We excel in finance, science, education, medicine, law, entertainment, technology

And the world says

Jews control the media

Jews control the banks

Jews control global affairs

Capitalists accuse Jews of creating communism  
& communists accuse Jews of creating capitalism

Jews are accused of creating Christianity

& Jews are accused of killing Jesus

Jews are labeled as warmongers

& Jews are labeled as cowards

Jews are accused of being ruthless globalists

& Jews are accused of being nationalist racists

Jews are called the chosen people

& Jews are called the inferior race

You know that  
Jews are unique  
but you don't  
know why



Antisemites don't care if a Jew is religious or secular.  
So in this book I am not for or against religion.

Antisemites don't care if a Jew is spiritual or not.  
So in In this book I am not for or against spirituality.

In the next few pages using facts and clear headed reason you will see, dear reader

who are the Jews  
where did the Jews come from  
what is unique about the Jews  
why antisemitism plagues us and why it won't leave us alone

And in the end, will we face another holocaust?  
Or, will we use our uniqueness correctly?  
Will we upgrade our operating system from working to exploit others and turn it so that it works for the good of others, all the time?

And by this, we will turn our haters into supporters.



*Wait huh, Coco Chanel had a love affair with a Nazi officer?*

Let's all get on the same page.  
Let's look at the evidence. It is  
clear that antisemitism is real  
and is always in front of our faces.

*The evil of Jews stems from the fundamental  
nature of these people. **Napoleon***

*Society has a large claim against him [the Jew]  
that he cease  
his exclusiveness, that he cease exploiting the  
world. **Henry Ford***

*Wait what?! **Walt Disney** attended a Nazi  
meeting?*

***Roald Dahl** beloved children's author..he was  
an antisemite.*

**ANTISEMITISM IS NOT  
LIMITED TO  
ONE COUNTRY OR  
REGION OF THE WORLD.**

**WHEREVER THE  
JEW GOES IN  
THE WORLD, HE  
IS HATED.**

*An Incomplete List  
of Jewish Expulsions,  
Enslavements, etc.*

# BCE

**740**

The Assyrian captivity. Several thousand Israelites of Samaria were resettled as captives

**475**

Attempted genocide in Persia

**139**

All Jews expelled from Rome

**63**

Pompey's conquest of the East, 12,000 Jews die and many more are sent into the diaspora as a result

**70**

Jews sold into slavery across Roman Empire

**425**

Nebuchadnezzar lays siege on Jerusalem and destroyed the First Temple. Subsequent Jewish captivity in Babylon

**733**

Expulsion from Samaria

**38**

Alexandria, anti-Jewish riots erupt

# CE

**19**

Expulsion from Rome

**70**

Destruction of the Second Temple in Jerusalem. More than a million die and 97,000 taken as slaves

**132**

Expulsion from Judea. 580,000 Jews killed

**325**

Expulsion from Jerusalem

**469**

Half of the Jewish population of Isfahan is put to death

**250**

Expulsion from Carthage

**415**

Expulsion from Alexandria

**489**

Synagogue burning Antioch

**115**

Thousands killed in Egypt, Cyprus and Cyrenaica

**37**

Pogroms in Alexandria

**259**

Jewish community of Nehardea is destroyed

**624**

Mohammed responsible for the beheading of 600 Jews

**1190**

Massacre of 500 in York

**638**

Burned at the stake in Toledo

**985**

Expulsion from Sparta

**1095**

Jews massacred in the Crusades, destroyed hundreds of communities

**1171**

Expulsion from Bologna

**640**

Expulsion from Arabia

**629**

Frankish king expels Jews from kingdom

**1288**

Expulsion from Naples

**629**

Massacre of Population of Galilee

**1146**

Massacre of 100,000 Jews in Fez & 120,000 in Marrakesh

# CE

**1290**

Edict of Expulsion  
by King Edward I of  
England

**1491**

Expulsion from  
Ravenna

**1519**

Expulsion from  
Regensburg

**1442**

Expulsion from  
Upper Bavaria

**1499**

Expulsion from  
Nuremberg

**1569**

Expulsion by  
Pope Pius V  
from Papal  
States

**1392**

Expulsion  
from Bern,  
Switzerland

**1478**

Expulsion from  
Passau

**1496**

Expulsion from  
Portugal

**1293**

Destruction of  
the communities  
in Naples

**1492**

Expulsion from Spain,  
Sicily & Calabria, Italy.  
In total, about 200,000  
Jews were deported and  
about 50,000 converted to  
Christianity



**1593**

Expulsion by Pope Clement VIII from Papal States

**1648**

More than 100,000 murdered by Ukrainian Cossacks

**1814**

Norway's constitution bans Jews from entering the country

**1880**

Pogroms in the Russian Empire

**1962**

Flee Algeria as result of violence

**1948**

Killings in Egypt

**1933**

Holocaust

**1862**

Expulsion by Ulysses S. Grant from Tennessee, Mississippi & Kentucky

**1614**

Expulsion from Frankfurt, Holy Roman Empire

**1970**

State-sponsored persecution in the Soviet Union

# THE GREATEST ENEMY OF THE JEWS IS THE JEW

## **587 BCE**

The First Temple in Jerusalem, built by King Solomon was destroyed by the Hellenized Jews.

---

## **70 CE**

The destruction of the Second Temple in Jerusalem was led by Tiberius Julius Alexander, a wealthy Jew from Alexandria.

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## **1231 CE**

Torquemada, Spain's Grand Inquisitor was of Jewish descent.

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## **1924 CE**

Joseph Stalin's Jewish personal assistant assisted in exiling 5 million Jews.

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## **1940 CE**

Nazis at first tried to achieve Judenrein (free of Jews) amicably by working with Zionists to relocate German Jews to Palestine with their property. The German Jews preferred assimilation and to stay in Germany.

---

## **2019 CE**

USA, Jews support BDS, endorse eliminating Israel and prefer complete assimilation.





*Nature  
is a law*

A white leaf skeleton is centered on a black background. The leaf's veins are clearly visible, forming a complex network. Overlaid on the leaf is the text "Nature is a law" in a blue, cursive font. The word "Nature" is at the top, "is a" is in the middle, and "law" is at the bottom.

*Nature  
is a  
law*

*WAIT! Before you close the book, check, is everything you read real? OK, so let's continue step by step. No leap of faith, no hocus pocus. Simply continue with your heart and your mind. We'll only talk about what is real. Secular or religious, we are all subject to the laws of nature.*

We are all subject to natural laws such as gravity, electromagnetism, the properties of matter, light and weather conditions. All of the natural laws are connected to each other in one large integral system. We don't easily perceive all of the connections with our eyes, but they are well known.

There is a famous and interesting example of the integrality of nature and it is worthwhile to retell it here.

In 1995 the elk population in Yellowstone National Park had eaten almost all of the vegetation in the park, leaving the earth bare. Fourteen wolves were introduced into the same environment and they ate some elk. But what happened next is both wondrous and much more significant. The elk started to avoid valleys and places that they could be trapped, and those areas began to regenerate and become forests of ferns and willows and aspens. Birds and their songs returned to the area.

Beavers feed on willows, so the regrowth of willows led to the increase in the beaver population. The beavers built new dams. These dams provide habitats for otters, muskrats, ducks, fish, reptiles and amphibians.

The wolves also hunted coyotes. By naturally and instinctively hunting coyotes, the number of rabbits and mice in the park began to rise. More rabbits and more mice resulted in more hawks, weasels, foxes and badgers.

In addition to the benefit to the ecosystem, the wolves also stabilized the physical geography of the environment. Prior to the fourteen wolves, riverbanks were collapsing and water was running off into tributaries. After the wolves entered the environment the new forests stabilized the river banks and the river became strong.

If wolves have such a comprehensive and integral effect on other creatures, on the ecosystem and on the geography, imagine humankind's effect on other creatures, on the ecosystem, on the geography, on politics, education, family, friends, healthcare, military, climate, finance and media.

If we go back and study humans we see that for millennia people lived by instinct much more than today. They lived more like animals in packs, in tribes with distinct roles, a simple palate and a few things to do every day. We can still see that it is this way with indigenous peoples.



On the other hand the more modern we become, the more unique and individualistic we become. We have unique desires and tastes, criticisms and scrupinities. We once lived communally in packs and tribes. Today we live in our separate homes with our separate lives and our separate thoughts and desires.

This separation is the natural development of the human ego. At first the small ego only wants food and shelter and sex and then the ego develops and this causes humanity to develop. When food, shelter and sex are not enough, man starts to desire to accumulate money, knowledge, honor and power. And finally when the ego exploded in early civilization and it became insatiable, this is where we see the Jew first arrive in the human story.

Why? Animals don't ask why. Animals don't ask what is the purpose of my life? What happens after I die? When early humans came down from the trees, they didn't ask either. But there did come a time when some humans began to ask these questions. Almost 4000 years ago between the Tigris and Euphrates rivers in what is present day Iraq the agricultural conditions were ideal and the population there didn't have to spend their lives foraging and following herds. In settling there, they developed agriculture and irrigation, they developed the wheel, the sailboat, the plow, they were the first to divide time into 60 minutes and 60 seconds, they developed cuneiform and cities. What happened there in culture and economy and politics influenced the Egyptians, the Greeks and the Persians.

The early people there lived together with pagan beliefs. They didn't yet have huge egos, but you can imagine that they were starting to grow. To store food and have consistent shelter, you can imagine how that changes your life. And then as it happens in nature, from small desires for shelter and food, the desire to receive pleasure grows. This growth in ego caused separation and a new human innovation. What was the new innovation of the ego? That one can benefit at the expense of another!

In that region, in the city of Ur lived Abraham a Babylonian priest and his wife Sarah. They were troubled by this development, investigated and discovered the root of these problems as the ego's development and the negative imbalance it causes in nature. In order to balance our lives, they discovered the need to awaken the positive forces of nature. They discovered that building good relationships over our growing rejection opens a whole new sense of harmony between us.

When looking at the building blocks of nature, we see that atoms exist through the balance of two forces, a plus (proton) and a minus (electron). If either of these two forces were absent, there would be no atoms, there would be no universe. Plus and minus exists in atoms, in the atoms that make up molecules, in the molecules that make up organs, in the organs that make up organ systems and in these organ systems that make up you and me.

But when nature develops and arrives at the relations between humans, between you and me, the plus and the minus are not in balance. Between us exists only the minus. Each person only wants for himself. A person wants money and comfort and sex and family and honor and vacation, it's endless, and if a person wants for another, it is only because it satisfies him that others should have.

And here is where we have free choice, to consciously add the positive force, to complete the connection in nature, to complete the plus minus circuit so that the abundance of nature can flow through us to everyone and all of creation.

Abraham studied nature and realized that this minus, this negative is not a curse, but the necessary basis on which to add the positive force and thus create in humanity the same balance that exists in the rest of all of nature. In all of nature, the balance happens naturally. What is significant about it in humanity is that for the first time, we are required to activate this positive force ourselves, consciously.

The Babylonian king Nimrod also had a solution for the growing ego. His method was that the different groups should disperse and live separately (under his rule of course). Abraham on the other hand realized that there was nowhere to run, we couldn't run from nature's inevitable process of integrating and uniting everyone.

Nimrod tried to persuade Abraham to stop teaching. Abraham did not stop and he was expelled from the region for it. It is estimated that there were a few million people on the planet at the time. Maimonides records that Abraham gathered tens of thousands of students around him. They were not a nation founded on common family relations, on origin or on the

color of their skin. No other nation had been formed in the way Abraham's nation was formed, where a people from diverse backgrounds and ethnicities transcend their different origins, beliefs and differences and become a nation based on brotherly love. They were called Israel which comes from the words Ishar El which means a desire directed straight (Ishar) to nature (El).

As this group moved and mingled with other groups they added people to them who had the same desire.

And this is where the Jewish people came from, they were from among those Mesopotamians. And there was nothing special about them except that these were the people that had a new desire awoken in them that hadn't awakened in everyone else yet.

This new Jewish nation was formed from a shared desire. This tribe was to be a small model for all of the people on Earth. Their role was to achieve this positive connection where each and every one cares for the others to the same extent as he cares for himself.

400 years after Abraham, Moses adapted Abraham's method and it is called "the Torah". This group of Jews continued to evolve and rise above their growing egoistic desires. It was not easy for them. They went through turmoil, problems and centuries of slavery. All of the experiences that they passed throughout the generations refined them like polishing a rough stone into a precious gem, until they finally agreed and accepted to love the other as yourself. When they finally agreed, this is called the reception of the Torah on Mount Sinai (meaning above their hatred, from the Hebrew word "sina" which means "hatred"). 500 years later they established a nation in the land of Israel (Eretz Yisrael "Desire Straight to El") and constructed the First Temple in Jerusalem. 400 years after that they fell from that exalted state back into the rule of their egos, and the Temple was destroyed.

NETWORKS

NETWORKS

NETWORKS

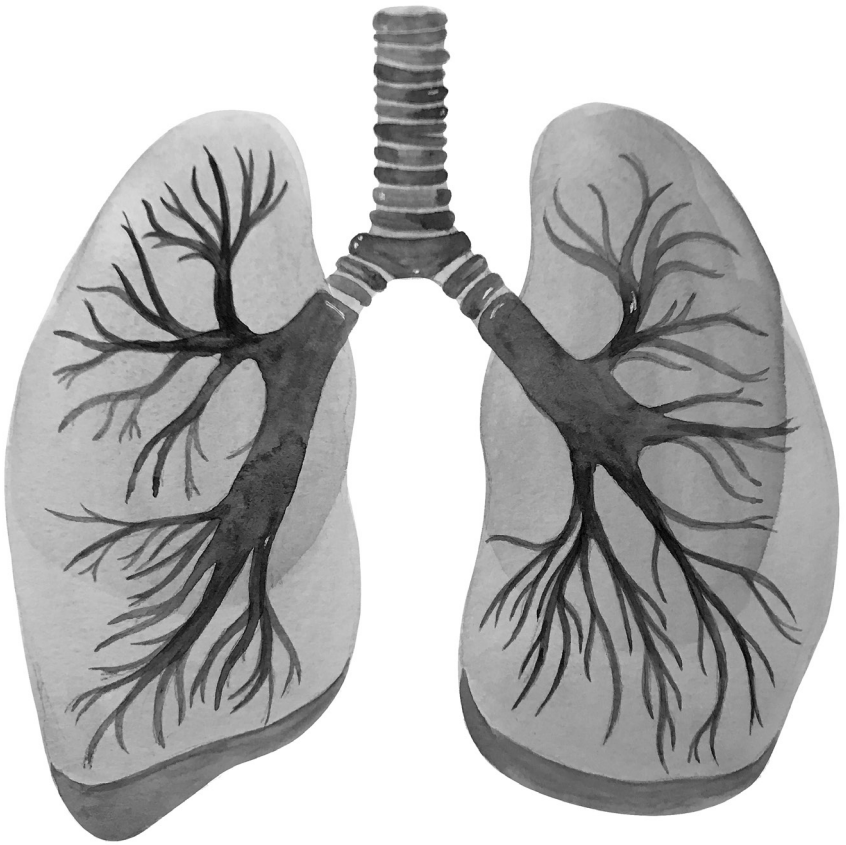
NETWORKS

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NETWORKS

# Networks

# Networks



*Today, like in the time of Abraham, anyone can access the method of connection above our egos. It is certain that the purpose of creation lies on the shoulders of the whole human race, black, white, yellow and red without any difference. Everyone will come to this wondrous peace and fulfillment.*

*The Jews' role is to be a pipeline between the good, bestowing force of nature and the body of humanity.*

Those who yearn for this connection are called Jew and one who does not yet yearn for this connection is called “nations of the world”. This method of connection is carried inside of us from the times of Abraham. The nations of the world carry antisemitism as an unconscious demand for a higher level of human connection.

In the 21st Century, the integration process has been completed. These Jews that were united as one man with one heart at Mount Sinai have since, through the course of history been scattered and dispersed among all of the nations in all of the lands and the network is now set up among all humanity all over the earth and people all over the world are gradually awakening to the idea that humanity is one collective entity.

When the Jews rekindle this connection, the positive forces in nature can flow through this system freely, organizing and enlivening humanity in a natural and positive way. To this day, the rest of the population consciously or subconsciously waits for the Jews to fulfill their role and they resent and hate Jews for not fulfilling their role. The role of the Jew is to spread the unity that results from connection to the nations. The nations reject the Jew’s attempt to assimilate and become like them. This is the law of antisemitism.

And in a cyclical, predictable way, every time the ego erupts again in humanity and humanity creates new ideas and new industries and new technologies, it inevitably leads to greater emptiness. Why? Because there remains a desire in every person, however quiet it is that demands to be filled and it asks, Why do I live? What happens after I die? And what is the meaning of my life?

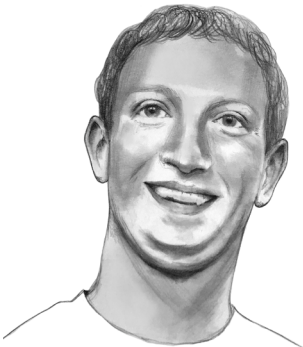


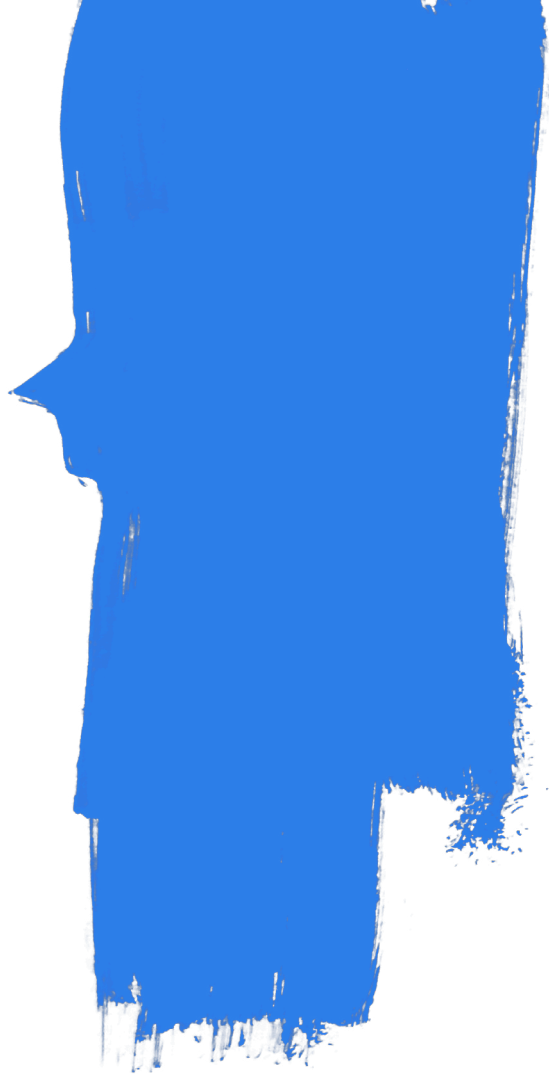


What the world needs from us is the ability to connect as one family in cooperation around the whole world.



Even if we win every Nobel Prize and even if we produce the finest physicians, the most illustrious economists, the most brilliant scientists, and the most innovative entrepreneurs, until we deliver to the people of the world the power that comes through unity, then the nations will never accept us.





**The purpose  
of Israel is  
to unite the  
entire world  
into a single  
family**

*Sayings of the Rav Kook,  
Whisper to Me the Secret*

CONCLUSION

CONCLUSION

CONCLUSION

# Conclusion

# Conclusion





*And now my fellow American Jew,  
history has come to our doorstep.  
It is time to act. What are we going  
to choose?*



Never in history have Jews been in a better position to fulfill our role. We are embedded in every corner of American public life.

We are entrenched in film, music, politics, banking, healthcare, technology, social media, law, medicine, in all of the mediums that determine public discourse and public opinion. Jews can spread a message of love and unity throughout the entire world.

If we as American Jews can unite and project the values of a mutual guarantee and mutual care between each other, the rest of American society will see the benefits and take this example with us.

Develop positive social media content to fill our news feeds with messages of cooperation instead of commercials aimed to isolate us from each other. Showing stories of people helping one another during hard times raises our morale and gives us hope for humanity.

Media must present the interconnectedness of nature. People will begin to feel that there is personal gain in being unselfish.

When we realize that this is how nature works, we will examine our societies and strive to emulate that harmony. If our thoughts begin to shift in this direction, they will create a different atmosphere and introduce a spirit of hope and strength into our lives.

**Celebrities** must give an example of kindness, cooperation and positive connection, children will emulate that behavior.

**Politicians** are the most ratings dependent people in society. If we show them that we have changed our values, they will change theirs. They want to stay in office, we need to show them that to retain their positions, they must promote what we want them to promote—unity.

**Children** need to experience the interconnectedness of the world in real life, and not just hear and talk about it. One practical way to achieve this is by transforming the classroom into a microcosm, a mini-environment, a small family where everyone cares for one another. Students and teachers need to sit in circles. Learning should take place through interesting, lively discussions. The curriculum should reflect the interconnected nature of the world.

Students should go on trips frequently to get firsthand knowledge of how their world works. Museums, concerts, hikes, farms, factories, bakeries, hospitals, government offices and police stations.

The goal of education is not to reconcile all of the differences between people but to find a common denominator above conflicts and disputes. The result of finding that common thing is that the topics in dispute becomes less important and pale compared to the unity and warmth that the participants sense towards one another. Solutions are easily found for previously persistent conflicts in a spirit of good faith due to the newly discovered common interest.

We don't have to invent something new. We only need to shift mass media, internet, education, social and family ties towards promoting mutual care instead of alienation.



# *Afterword*

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# Afterword

There is so much to do, but the fighting will calm down, everyone will get softer towards one another. We have to do everything that is required of us and in a better way. We will go through a lot together to get it right, but we will get a lot of support from nature and we will achieve our life's purpose to bestow through us the goodness and pleasantness on all of the people of the world.

Anything that I wrote in this book is not original thought. If I did a good job, I'm only passing what I received from my teachers about how nature works and our role in it. My only work here is to synthesize it, stabilize it inside myself, arrange it and simplify it for our generation that is very low and very thick and also very capable of achieving the purpose of all of creation with all of its delight, fulfillment, abundance and peace.

Dates and other references in the book are noted with their sources at the website [www.antidotetoantisemitism.com](http://www.antidotetoantisemitism.com).

Two very close friends Lio Spiegler and Tony Kosinec created a whole digital experience around this topic. If you are interested in seeing more content related to this, check out their work here [www.thejewfunction.com](http://www.thejewfunction.com).

GLOSSARY

GLOSSARY

GLOSSARY

GLOSSARY

GLOSSARY

GLOSSARY



# *Glossary*

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# Glossary

## **Jew**

from the Hebrew word Yehudi meaning unity

## **Israel**

from the Hebrew words Ishra meaning straight and El meaning (to) nature

## **Kabbalah**

the Hebrew word “receive”. It refers to the method of receiving like all creatures but doing so with an intention that it is for the benefit of all and not only myself



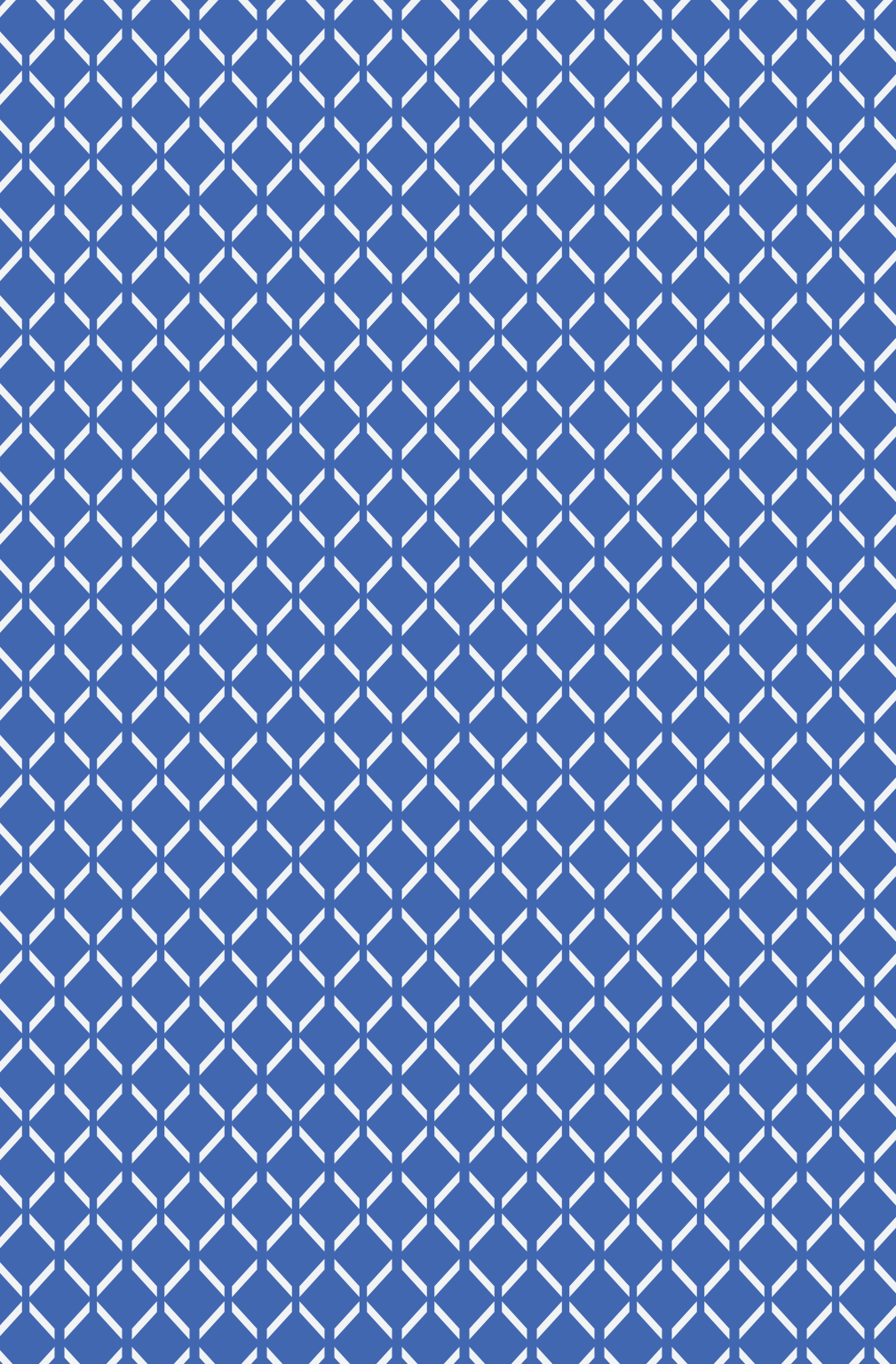
# ABOUT THE AUTHOR

Seth Breitman is known for his unique way of taking deep and complex matters from the authentic wisdom of kabbalah and simplifying them for the modern person.

He has been studying with his teacher, the kabbalist Dr. Michael Laitman since 2004. His work with Tony Kosinec (Kabbalah Revealed) on the Youtube series Enter the Zohar introduced more than one hundred thousand people to the wisdom of kabbalah in English, Spanish, Italian, Portuguese, Russian and Turkish.

He currently teaches online at KabU ([bit.ly/KabbalahInnerPower](http://bit.ly/KabbalahInnerPower)) and at the KabU campus in Manhattan.

Jew  
an antidote to anitsematism is his  
first book.



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